

# **YOGASPHERE**

## **200 Hr Teacher Training**

### **Application 2018/2019**

**Name:**

**Street Address:**

**Phone (cell) :**

**Email:**

**Date of birth:**

1. Tell us about your Yoga Practice, including how long and what styles of Yoga you have practiced. If you have done any previous Yoga teacher training, please include here. Maximum of one page.

2. Tell us what made you decide to begin this journey and what you envision doing with this training in the future. Maximum of one page

*Please note that it is very important that you have taken at least 10 classes at Yogasphere to become familiar with our practice and teaching style and our beautiful yoga community!*

**Email completed application by Oct 1, 2018 to:**  
[cathyogasphere@gmail.com](mailto:cathyogasphere@gmail.com).