



## Welcome to Yogasphere

*Please print legibly*

Name \_\_\_\_\_ Phone/Home \_\_\_\_\_

Other Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ M/F \_\_\_\_ Birth Date \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**How did you hear of us?**

\_\_\_\_\_

I am aware that Yogasphere, LLC is here to serve me by sharing knowledge of Yoga and health. By my participation in classes/workshops and/or activities at Yogasphere, I agree to take full responsibility for not exceeding my limits in the practice of Yoga and for an injury I might suffer in the practice of Yoga. It is my responsibility to ascertain that there is no medical reason to prevent my participation. I hereby waive any claim that I might have at any time for injury of any sort against Yogasphere or any person or entity in any way involved there within. I have carefully read the release and fully understand and agree to the above.

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

*If under 18 years of Age:*

**As legal guardians of \_\_\_\_\_, we consent to the above conditions.**

**What kind of activities would you be interested in?**

- Children's Yoga Classes**      Ages \_\_\_\_\_      (circle) M/T/W/TH/F/Sat/Sun  
Time \_\_\_\_\_
- Yoga for Golfers Workshop**      (circle) M/T/W/TH/F/Sat/Sun  
Time \_\_\_\_\_
- Meditation/Stress Relief Workshop**      (circle) M/T/W/TH/F/Sat/Sun  
Time \_\_\_\_\_
- Drumming Workshop/Rhythmic Mantra**      (circle) M/T/W/TH/F/Sat/Sun  
Time \_\_\_\_\_
- Other** \_\_\_\_\_      (circle) M/T/W/TH/F/Sat/Sun  
Time \_\_\_\_\_