

YOGASPHERE

200 Hr Teacher Training

Name:

Street Address:

Phone (cell) :

Email:

Date of Application:

Date of birth:

Please answer the questions below to give us an idea of your background in Yoga and area of interest in taking this training. It does not have to be to teach, many students have taken the training to deepen their own practice and understanding 😊 You can answer on another page, or in the body of your email. Only electronic copies of the application will be accepted, including scanned or photos of applications.

1. Tell us about your Yoga Practice, including how long and what styles of Yoga you have practiced. If you have done any previous Yoga teacher training, please include here. Maximum of one page.
2. Tell us what made you decide to begin this journey and what you envision doing with this training in the future. Maximum of one page

Please note that it is very important that you have taken at least 10 classes at Yogasphere to become familiar with our practice and teaching style and our beautiful yoga community!

Email completed application by Oct 1 to:
cathyogasphere@gmail.com.